



Multiple Sclerosis

A Case Report

by Dr. Viviana Bogdan



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In May 2017 a 42-year-old patient came to my practice. She had been diagnosed with MS some time ago and wanted to treat it. In her medical history the patient reported the following course of the disease:

„When I was two years old, I got myocarditis which caused a prolapse of the mitral valve. This was then fixed afterwards and has not caused any problems since then. Already as a teenager I had to take thyroid hormones. For some time now, however, I have not been taking any more and the laboratory values are OK. However, in 2015 a node was found in my parathyroid gland, which was surgically removed. As a young adult, oxalate kidney stones appeared at the age of 18, which were removed by lithotripsy. Since I was 20, I have also suffered from chronic sinusitis. My pregnancy was very difficult. In the 6th month, a cervical cerclage had to be placed and I spent the rest of the pregnancy in bed. After the birth I had a very heavy bleeding. Because of this and because I suffer from endometriosis and microcysts of the ovaries, a hormone coil was placed after the pregnancy. However, this caused me to gain a lot of weight, perhaps because

of the hormonal imbalance. I had a torn meniscus in my left knee and varicose veins had to be operated on in my right leg. The first year at my job my boss yelled at me and I had a feeling like a fist in my stomach. Two years ago my father died, after that there were some very stressful discussions within the family. Now it's quiet, but since my MS diagnosis I can't sleep well anymore“.

Delta-Scan Platinum also revealed heavy metal contamination, susceptibility to complaints in the intestinal tract, hormonal system, liver, blood and lymphatic system and inflammation. In addition, a dark-field microscopy was performed. Here, an increased endobiosis with mucorsymplasts, liver, intestinal and pancreatic signs, circulatory disorders, hyperacidity, heavy metal load and an active immune system were visible. An MRI (head and neck) was performed shortly before the patient came for treatment. A total of nine lesions in an acute demyelinated state were identified, two quite large (17.3 x 13.2 mm and 13.8 x 12.7 mm) and seven with a size between 4.5 and 7 mm and an almost unchanged chronic sinusitis.

Therapy was started in June 2017. It should also be clarified whether exposure to the Epstein-Barr virus (EBV) or the human herpes simplex virus (HSV) is present.

SANUM therapy:

- ALKALA® N Powder 2x 1 measuring glass daily in hot water for 7 days, then check the urine pH-value

- the pH value is still below 6.8, then ALKALA® N should be taken for another 7 days
- the pH value is above 6.8, then ALKALA® N is no longer taken and the therapy plan is continued

Over the entire therapy period from the 1st day on (and at the end until the bottles are empty):

Milieu therapy:

- SANUVIS® dr. 2x 1 teaspoon daily
- FORMASAN® dr. 1x 10 tab.
- CUPRUCHEHL® D3 dr. 1x 5 daily in the morning
- MAPURIT® cps. 1x 2 at lunchtime
- ZINCOKEHL® 3X dr. 1x 5 daily in the evening
- PLEO CHELATE® dr. 3x 10 daily in a glass of water



- SANUMGERMAN® 6X dr. 1x 10 daily

Specific regulation:

For 10 days:

- NOTAKEHL® 5X dr. and QUENTAKEHL® 5X dr. alternating daily, 2x 5 drops daily
- MUSCARSAN® 6X dr. 1x 5 daily at noon

Subsequently also for 10 days:

- STOLONIKEHL 6X dr. 2x 5 daily
- MUSCARSAN® 6X dr. 1x 5 daily lunch

Subsequently for another 10 days:

- EXMYKEHL® 3X suppository 1x 1 evening
- MUSCARSAN® 6X dr. 1x 5 daily lunch

General regulation:

Subsequently (after 30 days):

- Monday to Friday

- MUCOKEHL® 5X Tr. 1x 5 daily in the morning
- MUCEDOKEHL® 5X Tr. 1x 5 noon
- NIGERSAN® 5X Tr. 1x 5 daily in the evening

- Saturday

- EXMYKEHL® 3X suppositories and QUENTAKEHL® 3X suppositories alternating weekly, 2x 1 day

- MUSCARSAN® 6X dr. 1x 5 daily lunch

- Sunday

- MUCOEKHL® Atox 6X dr. 1x 5 daily in the morning
- MUSCARSAN® 6X dr. 1x 5 daily lunch
- NIGERSAN® Atox 6X dr. 1x 5 daily in the evening

Simultaneously with the general regulation, the **immune modulation** also begins:

- LATENSIN® 6X / UTILIN® 6X/ UTILIN® "S" 6X cps. 1x 1 in weekly rotation

- SANUKEHL® Klebs 6X / SANUKEHL® Strep 6X / SANUKEHL® Staph 6X dr. in daily change

- 2x 3 drops daily oral
- 2x 2 drops in the crook of the arm in a clockwise direction
- first for 6 weeks, then 2 weeks break, again 2 weeks intake/rubbing, 2 weeks break, ...until the vials are empty

Weekly i.m. injection with

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| • ALBICANSAN® 5X | 1 ml |
| • QUENTAKEHL® 5X | 1 ml |
| • RECARCIN® 6X | 1 ml |
| • SANUVIS® | 2 ml |

The following preparations were also used:

- Vitamin B complex cps 2x 1 daily

- Vitamin D, 5000-10000 IU daily
- Vitamin C, up to 6 g per day
- Soul juice (Company Rain) 1x 1 sachet daily for six months
- apply Lavyl Auricum sensitive body spray and Lavyl Body Crème (Lavylites Central Europe Kft.) locally to the painful areas of the body
- Coenzyme Q10 (10 ng) cps. 2x 3 daily
- Vitamin E (12 ng) cps. 1x 2 daily
- Biostem cps. (Bionatura Plant SRL) 1x 1 day
- Calcium arsenicosum C30 1x 1 globule per week for 4 weeks
- DDR Prime® Cellular Complex (company doTERRA)

- massage the soles of the feet with 2 drops 1x daily
- and 2x daily massage with 4 drops on the arch of the foot (on the stomach, liver and gallbladder meridian) essential frankincense oil (company doTERRA)
- take 2x 4 drops daily under the tongue, let it work for 30 sec. and then swallow

- Deep Blue Polyphenol Complex® (Company doTERRA (Europe) Ltd.) Kps. 3x 1 day

- a massage oil for painful and sensorial disturbed body regions and for massage along the spine

- Use 3-5 drops for the massage
- bottle of 15 ml coconut oil or extra virgin olive oil
- 14 drops of frankincense oil
- 10 drops of strawflower oil



- 7 drops of sandalwood oil
- 7 drops of clove oil

In October 2017, the patient returns to the practice and reports the following:

„I feel much better and I have much better mental clarity, as if a cloud had disappeared in my brain. The numbness has disappeared. I work a lot, sometimes it does not work out so well. But I do not get angry, I do what I can. In the evening when I come home, my ears are exhausted from all the listening at work. Yesterday I got my menstruation. The bleeding used to be abundant, but now, without the IUS, it is much worse and it hurts. The blood just keeps pouring down. The headaches I had suffered from, as a feeling of pressure on the right, have disappeared. But my nails are all dull, with streaks and break off easily. For about three weeks I had slight contractions with pulsation of the muscles for a few seconds to 2-3 minutes. Today I have „average“ cramps in my lower leg. And I suffer from spasms in my left eyelid.“

The therapy plan was adjusted accordingly and the new therapy started in November 2017.

SANUM therapy:

- ALKALA® N Powder 2x 1 measuring glass daily in hot

water for 7 days, then check the urine pH

- the pH value is still below 6.8, then ALKALA® N should be taken for another 7 days
- if the pH value is above 6.8, ALKALA® N is no longer taken and continues in the therapy plan

On Saturday and Sunday, a nasal lavage with NOTAKEHL® D5 drops (5 drops on 10 ml physiological saline solution) is performed over the whole therapy period. One drop of this mixture is added to each nostril.

Over the entire therapy period from the 1st day (and at the end until the bottles are empty):

Milieu therapy:

- SANUVIS® dr. 2x 5 daily
- CITROEKHL® dr. 1x 10 daily in the evening
- RELIVORA® KOMPLEX dr. 2x 5 daily
- MAPURIT® cps. 2x 1 daily
- PLEO CHELATE® dr. 2x 10 daily in a glass of water
- VITAMIN B12 SANUM 1x 1 amp. weekly i.m.
- SANUMGERMAN® 6X dr. 1x 10 daily at noon
- USTILAKEHL® 5X suppositories 1x 1 evening - three days before menses and on the 1st day of menses

from day 8 on additionally:

Specific regulation:

- STOLONIKEHL 6X dr. 1x rub 3 orally and 2 drops into the crook of the arm daily
- NOTAKEHL® 3X suppositories and QUENTAKEHL® 3X suppositories in daily alternation and both for 10 days
- afterwards FORTAKEHL 5X tab. 2x 1 day for 10 days and afterwards
- EXMYKEHL® 3X suppositories 1x 1 daily in the evening for 10 days

from the 21st day, an additional weekly i.m. injection with 1x 1 amp. each of QUENTAKEHL® 6X, UTILIN "S" 6X and SANUVIS®. On the day of the injection, no further SANUM medicines are taken.

General regulation:

From Monday to Friday MUCOKEHL® 5X tab. 1x 1 in the morning and evening NIGERSAN® 5X tab. 1x 1 in the evening, on weekends (Saturday and Sunday) EXMYKEHL® 3X suppositories 1x 1 per day. Additionally, one weekly suprapubic s.c. injection on Wednesday with 1x 1 ampoule each of NIGERSAN® 6X and NOTAKEHL® 6X.

Simultaneously with the general regulation, the **immune modulation** also begins:

- LATENSIN® 6X / RECARCIN®



6X / UTILIN® 6X cps. 1x 1 in a weekly change, put the contents of the capsule under the tongue and then go to bed

- SANUKEHL® Coli 6X / SANUKEHL® Myc 6X Tr. in daily change

- 2x 3 drops daily oral
- 2x 2 drops in the crook of the arm in a clockwise direction
- first for 6 weeks, then 2 weeks break, again 2 weeks intake/rubbing, 2 weeks break, ...until the vials are empty

The following preparations were also used:

- Vitamin C 6 g daily
- DDR Prime® Cellular Complex (company doTERRA), 2x 2 drops daily oral
- sandalwood (company doTERRA), 1x 2-3 drops in the evening in the pelvic region
- ClaryCalm® (company doTERRA) for massaging the pelvis during menses, 3x daily
- frankincense (company doTERRA) 2x 2 drops daily oral

For abdominal pain, massage and compress overnight with a mixture of lavender and rosemary (10 drops in 50 ml red St. John's wort oil). Additionally, if still needed, Breathe® Respiratory Blend (company doTERRA).

Because of the heavy bleeding during the menses Lachesis 5ch globule 1x 1 day. If it is necessary additionally use oral

the essential oils of a mixture of yarrow (Millefolium), sweet clover (Melilotus), sandalwood (Amyris), lady's mantle (Alchemilla)?

To support the paresthesia Plumbum 9ch, 3x 1 globule daily if needed and Phosphorus 9ch 1x 1 globule per week for three weeks.

In January 2018, the patient reports back.

„I am fine. Only my menses are still causing me problems. The bleeding lasts three days with a heavy bleeding. In a little over a month we would like to go on a beach holiday. Which essential oils or oil mixtures should we take with us and which can be used as protection against mosquitoes? And is there a way to reduce the blood flow and possibly also delay the cycle?“

I recommend the patient to take progesterone 4ch twice a day for two weeks before going on holiday. They can take the oils or oil mixtures they have used so far with them on holiday. In March 2018, the patient will begin with the 3rd SANUM protocol:

SANUM therapy:

- ALKALA® N Powder 2x 1 measuring spoon daily in hot water for 7 days, then check urine pH

- the pH value is still below 6.8, then ALKALA® N should be taken for another 7 day
- if the pH value is above 6.8, ALKALA® N is no longer taken and continues in the therapy plan

Over the entire therapy period from the 1st day (and at the end until the bottles are empty):

Milieu Therapy:

- SANUVIS® dr. 2x 5 days
- CITROEKHL® dr. 1x 5 tgl. in the evening
- FORMASAN® dr. 3x 3 per day, three days a week
- Monday to Friday OKOUBASAN® Ø and USNEABASAN® Ø dr. in daily change, 1x 3 drops each daily and Saturday and Sunday LUFFASAN® 4X tab. 2x ½ daily
- PLEO CHELATE® dr. 3x 10 daily in a glass of water
- VITAMIN B12 SANUM 1x 1 amp. weekly i.m.
- SANUGALL® tab. 1x 1 tgl. melt in the mouth

from the 15th day additionally:

Specific regulation:

- PEFRAKEHL® 5X dr. 2x 3 daily directly into the mouth and 30 min before eating for 10 days, then
- FORTAKEHL® 5X dr. 2x 3 daily directly into the mouth and 30 min before eating for 10 days, then



General regulation:

From Monday to Friday SAN-KOMBI® 5X dr. 2x 3 daily, Saturday MUCCOKEHL® Atox 6X dr. 1x 3 in the morning and NIGERSAN® Atox 6X dr. 1x 3 in the evening and Sunday QUENTAKEHL® 5X dr. 1x 3 in the morning and NOTAKEHL® 5X dr. 1x 3 in the evening

Simultaneously with the general regulation, the **immune modulation** also begins:

- REBAS® 6X cps. 1x 1 day for 20 days

In May 2018 the patient will return to the practice and report.

„I am feeling much better. Some demyelinated lesions have shrunk by about 50% and no new lesions have appeared (visible on MRI).

When I am annoyed, I hear a roaring in my ears and there is a reactivated otitis in my right ear. The ear feels inflamed.

My cycle has levelled off at 30 days with a heavy bleeding for the first three days, perhaps due to endometriosis. There are large lumps in the blood and it is dark red.

In the evening I go to bed at about 10.00 p.m. and sleep until 6:30 a.m. When I can't do that, I feel like I'm broken. When I wake up in the morning I feel good, the dizziness and fog in my head have disappeared.

The hair is drier, the nails break easily and have vertical grooves. Before I went on holiday, I was vaccinated against the following diseases: yellow fever, thyphus, hepatitis A and B."

Delta-Scan Platinum also revealed intestinal candidiasis, megacolon and inflammation of the gastrointestinal tract, various hypovitaminoses (vitamin E, biotin, folic acid) and viral infections in the patient history. In the dark field a medium endobiosis, liver, intestinal and kidney signs, circulatory disorders, an immune deficiency, hyperacidity, mycosis and heavy metal contamination were found. The blood count showed an increased alpha-2 protein level, increased vitamin B12 and CRP value, IgG antibodies against EBV, Herpes simplex virus 1 and rubella, few lymphocytes.

The treatment was continued with the following therapy plan:

SANUM therapy:

- ALKALA® N Powder 2x 1 measuring glass daily in hot water for 7 days, then check the urine pH

- the pH value is still below 6.8, then ALKALA® N should be taken for another 7 days
- if the pH value is above 6.8, ALKALA® N is no longer taken and continues in the therapy plan

Over 14 days OKUBASAN® Ø and USNEABASAN® Ø 1x 3 drops in daily change from Monday to Friday and Saturday and Sunday LUFFASAN® 4X tab. 2x ½ daily.

Over the entire therapy period from the 15th day (and at the end until the bottles are empty):

Milieu therapy:

- SANUVIS® dr. 2x 15 daily
- CITROKEHL® dr. 1x 10 daily in the evening
- CUPRUKEHL® 3X dr. 1x 10 daily
- SELENOKEHL® 4X dr. 1x 10 daily in the morning
- MAPURIT® cps. 1x 2 at lunchtime
- ZINKOKEHL® 3X dr. 1x 5 daily in the evening
- PLEO CHELATE® dr. 3x 10 daily in a glass of water

Specific regulation:

Together with the milieu therapy FORTAKEHL® 5X tab. 2x 1 day for 10 days. Then PEFRAKEHL® 3X suppositories 1x 1 day in the morning and ALBICANSAN® 3X suppositories 1x 1 in the evening for 10 days. Afterwards 1x 1 i.m. Injection weekly over 4 weeks with:

- NOTAKEHL® 5X 1 ml
- QUENTAKEHL® 5X 1 ml
- SANUKEHL® Serra 7X 1 ml



General regulation:

Subsequently (after 7 weeks):

- Monday to Friday
 - MUCOKEHL® 5X tab. 1x 1 day in the morning
 - NIGERSAN® 5X tab. 1x 1 day in the evening
- Saturday
 - MUCOKEHL® Atox 6X dr. 1x 5 in the morning and NIGERSAN® Atox 6X dr. 1x 5 in the evening
- Sunday
 - PINIKEHL® 5X dr. 1x 5
 - EXMYKEHL® 3X suppository 1x 1 evening

Simultaneously with the general regulation, the **immune modulation** also begins:

- UTILIN® 6X injection 1x 1 ml every two weeks
- REBAS® 6X suppositories 1x 1 daily for 30 days

In addition:

- Core juice (company Rain) 1x 1 sachet daily for 30 days and Soul juice (company Rain) 1x 1 sachet daily for six months. Drink Core juice first and after 2 hours at the latest (but not earlier than 30 minutes) drink Soul juice.
- Vitamin D 2000 IU daily from September 2018 to May 2019
- Coenzyme Q10 cps. (10 ng) 2x 1 day

- Vitamin C 1x 3 g daily
- frankincense oil and lavender oil (both from company doTERRA) 2x 2 drops daily, directly under the tongue
- xEO Mega Omega Complex (company doTERRA) cps. 3x 1 daily
- Probi8caps cps. (company Finclub) 3x 1 daily
- sandalwood, peppermint, wintergreen, strawflower and frankincense (all company doTERRA) 2 dr. each and rub it into the neck and hips
- next to the spine with the following mixture: ointment with arnica (company TIS farmaceutic) and 15 drops frankincense oil, 5 drops lavender oil, 10 drops strawflower oil, 15 drops sandalwood oil, 8 drops peppermint oil and 8 drops wintergreen oil
- Zeolithe cps. (450 mg/cps.) 2x 3 daily
- Calcareum- Limestone algae (Lithothamnium calcareum) cps. (850 mg/cps) liver capsules (200 mg charcoal (extract), 100 mg devil's claw (extract), 100 mg milk thistle (extract))
- and 50 mg aloe ferox (extract) per capsule), 2x 1 capsule daily
- Biocitonal capsules (company Bionatura plant) 2x 1 daily
- melatonin 3 mg daily in the evening, just before sleeping. Lie down immediately after taking it and turn off the light.
- Himalaya salt 1x 5 g daily in a glass with water
- folic acid, 3 mg per day for two months
- tea for the nervous system

(mix 10 g of each plant: nettle (*Urtica dioica*), valerian (*Valeriana officinalis*), field horsetail (*Equisetum arvense*), motherwort (*Leonurus cardiaca*), common hawthorn (*Crataegus monogyna*), hops (*Humulus lupulus*), wild thyme (*Thymus serpyllum*))

- a cup of tea 30 minutes before the main tables. It is consumed as such or enriched with honey and lemon honey

- Calcium arsenicosum 30ch once a week, place 2-4 globules under the tongue and let them melt
- Werthmann diet

In September 2018, the patient contacted me by e-mail.

"Please recommend me something homeopathic as I spoke last time, I will send you a description of the symptoms: Sometimes I feel a pain in my heart, like a claw. And I also feel an itch on my right side of my head and I would like to scratch."

If necessary she should take Pulsatilla 5ch 2-4 times a day. Since then, the patient has not experienced any new or old symptoms.

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